



**Ghiglieri - Winchester Grp  
DBA Swallow Safe  
Education**

This course is offered for .15 ASHA CEUs (Advanced level, Professional area)

It is the Mission of Swallow Safe Education to provide ASHA approved CEU courses to Speech-Language Pathologists across all service settings. Utilizing the theory of the Five Systems of Dysphagia (Muscular, Respiratory, Neurological, Gastrointestinal, and Cognitive) it is our intention to educate and inform clinicians on how a breakdown in any one of those systems can affect the patient's swallowing safety. Because swallowing includes and necessitates a cooperation of all Five Systems of dysphagia with each swallow, it is vitally important to be able to risk-predict how safe the patient may be with the Speech Pathologist's recommendations both in our presence and in our absence. SwallowSafe.com houses a treasure-trove of information for the patient, caregiver, family member, therapist, nurses, and physicians. Accessing 'Do I Have Dysphagia' and 'Do I Need An Instrumentation' may assist the patient's team in providing the helpful services to improve the patient's comfort, care, and quality of life. That, after all, is what we at Swallow Safe are all about.

#### **Disclosure**

Carol G Winchester, MS SLP CCC is the founder of Dysphagia Management Systems, LLC, FEESTraining.com and SwallowSafe.com.

#### **Financial**

Carol Winchester is not compensated by Ghiglieri-

Winchester Grp DBA Swallow Safe Education for presentation of this course.

#### **Faculty**

Carol Winchester, MS, SLP, CCC  
Carol Ghiglieri Winchester graduated from St Mary's Notre Dame in 1977 with a degree in Communications. Receiving her Master's in Speech and Hearing Sciences from Bradley University in 1979, Ms Winchester has specialized in Dysphagia Management since 1992. Researching and developing the first Mobile Swallowing Instrumentation model, the Bedside Endoscopic Swallowing Test (BEST), the predecessor of DMS, specifically for the Long Term Care setting. Having now expanded that mobile service to Outpatient, Assisted Living, Independent Living, and Physician's Offices, Ms Winchester has performed more than 15,000 fiberoptic endoscopic evaluation of swallowing (FEES).



**Swallow Safe  
Education**

**Ghiglieri-Winchester Grp dba  
Swallow Safe Education**

*Presents*

**Reflux Dysphagia**

**Carol G Winchester, MS SLP CCCC**

**Online Recorded Course**

**To Sign Up, Go To:**

**FEESTraining.com or  
SwallowSafe.com/Education**

**Upon sign up and payment the video link to the recorded course will be sent to the participant. Upon completion of the video, a time stamped verification of completion will be filled out by the participant and a certificate of completion will be emailed to the address provided.**

**ASHA CEU information must be completed in full in order to receive course credit. In addition, the participant must have registered and paid for the ASHA CEU Registry for CEU award**

**Payment of this course does not include ASHA Registry fees.**

**No partial credit will be awarded for this course.**

## Course Description

This course introduced the concept of reflux dysphagia and how a patient's reflux affects the swallow. The normal swallowing anatomy was compared to the abnormal reflux-affected anatomy.

### Goals:

The participant will be able to visually identify the patient's reflux while viewing an endoscopic view.

The participant will be able to compare the normal function of the swallow with the reflux-affected abnormal function.

The participant will be able to risk-predict the dysphagia issues utilizing a risk predicting tool.

The participant will be able to determine what issues to treat first when a patient presents with a history of reflux or as identified on a FEES.

## Agenda

0-15 Reflux Statistics

15-30 What is Reflux Dysphagia

30-40 Normal Versus Abnormal Anatomy

40-60 Review of Normal Swallow Versus Abnormal

60-75 Reflux Dysphagia Swallow from the Endoscopic Perspective

75-90 Identifying Reflux with a Risk Predictor  
Reflux with other dysphagia issues & How to figure out what to treat first?

## Course Cost

**Go to [SwallowSafe.com/Education](https://www.swallowsafe.com/education) to sign up for this course and to check pricing.**

## Content Disclosure:

This course is intended for clinicians of all levels of experience to think and re-think about what issues the patient with a history of reflux might face when swallowing. Understanding how function affects safety is paramount to increasing the patient's comfort, care, and quality of life while managing dysphagia.